

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 1. Sausage Breakfast Pizza 2. Blueberry Chex & String Cheese Apple Slices & Grape Juice 1. Grilled Cheese 2. Chicken Patty Sandwich Green Beans & Fruit Mix	3 1. Mini Cinni 2. Coco Puff Cereal Bar & Cheez It Apple Crisps & Apple Juice 1. Hot Dog on Bun 2. Chicken Tenders & Breadstick Tater Tots & Pears	4 1. Blueberry Waffles 2. Cinnamon Toast Crunch & String Cheese Applesauce & Orange Juice 1. Corn Dogs 2. Garlic Pull Apart Edamame & Peaches	5 1. Banana Choc Chip Benefit Bar 2. Trix Cereal Bar & Cheez It Banana & Fruit Juice 1. Beef Tacos 2. Cheese Quesadilla Red Peppers & Applesauce	6 1. Glazed Donut 2. Lucky Charms & String Cheese Apple 1. Cheese Pizza 2. Pepperoni Pizza Tossed Salad & Apple
9 1. Mini Cinni 2. Trix Cereal Bar & Cheese Cubes Apple Slices & Grape Juice 1. Cheeseburger 2. Bosco Sticks Celery & Fruit Mix	10 1. Confetti Pancakes 2. Blueberry Chex & Giant Graham Apple Crisps & Apple Juice 1. Ham & Cheese Sandwich 2. Chicken Tenders & Pretzel Rod Baked Beans & Pears	11 1. Chocolate Muffin & Cheese Cubes 2. Cinnamon Toast Crunch & Cheese Cubes Applesauce & Orange Juice 1. Bosco Sticks 2. Grilled Cheese Broccoli & Peaches	12 1. Strawberry Cream Cheese Bagel 2. Coco Puff Cereal Bar & Giant Graham Banana & Fruit Juice 1. Big Pretzel & Cheese 2. Chicken Nuggets & Breadstick Waffle Fries & Applesauce	13 1. Glazed Donut 2. Lucky Charms & Cheese Cubes Apple 1. Cheese Pizza 2. Pepperoni Pizza Carrots & Apple
16 1. Blueberry Waffle 2. Coco Puffs Cereal Bar & String Cheese Apple Slices & Grape Juice 1. Chicken Patty Sandwich 2. Taco Wedges Baked Beans & Fruit Mix	17 1. Banana Choc Chip Benefit Bar 2. Cinnamon Toast Crunch & Cheez It Apple Crisps & Apple Juice 1. Dutch Waffle & Sausage Links 2. Garlic Pull Apart Tator Tots & Pears	18 1. Maple Pancake Puffs 2. Lucky Charms & String Cheese Applesauce & Orange Juice 1. Turkey & Cheese Sandwich 2. Corn Dog Cucumbers & Peaches	19 1. Yogurts & Giant Graham 2. Blueberry Chex & Cheez It Banana & Fruit Juice 1. Cheeseburger 2. Grilled Cheese Broccoli & Applesauce	20 1. Glazed Donut 2. Trix Cereal Bar & String Cheese Apple 1. Cheese Pizza 2. Pepperoni Pizza Red Peppers & Apple
23 1. Celebration Benefit Bar 2. Trix Cereal Bars & Giant Graham Apple Slices & Grape Juice 1. Cheese Quesadilla 2. Chicken Patty Sandwich Carrots & Fruit Mix	24 HAPPY FRIENDSGIVING DAY!! 1. Chocolate Muffin & Cheese Cubes 2. Blueberry Chex & Cheese Cubes Apple Crisps & Apple Juice 1. Turkey & Roll 2. Chicken Tenders & Roll Mashed Potatoes with Gravy & Pears All hot lunches served with dessert.	25 No School	26 No School	27 No School
30 1. Yogurt & Giant Graham 2. Trix Cereal Bars & Giant Graham Apple Slices & Grape Juice 1. Bosco Sticks 2. Garlic Pull Apart Carrots & Fruit Mix				

PIE IN THE SKY

Cherries are known as drupes or stone fruits, like nectarines and peaches, and are high in antioxidants. There are more than 500 varieties of sweet cherries (*Prunus Avium*), and almost as many tart ones (*Prunus Cerasus*); though only a small percentage—around 20 or so altogether—are sold commercially. A typical cherry tree produces 7,000 cherries, that can be harvested in seven seconds using a mechanical tree shaker. The state of Washington grows an estimated 62 percent of the United States' sweet cherries, which are great summer snacks. Michigan, meanwhile, grows well over half of the country's tart cherries, which are mostly used for cooking.

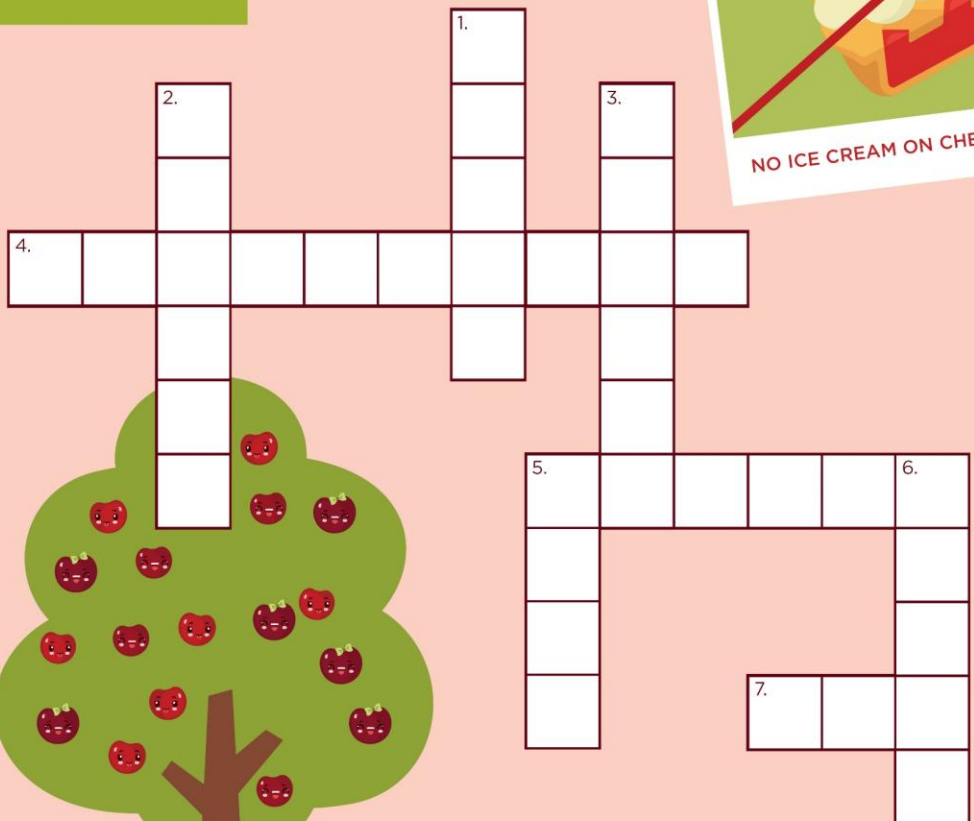
ACTIVITY: CROSSWORD PUZZLE

ACROSS

4. Door County, Wisconsin's nickname, earned by its production of 95% of the nation's tart cherries
5. State that once prohibited ice cream be served on cherry pie
7. Cherries, apples, and blueberries make great filling for this dessert

DOWN

1. Fruit often bobbed for in the fall and rumored to help keep the doctor away
2. Type of tree George Washington was rumored to have chopped down in his youth
3. A monkey's favorite fruit
5. Tropical fruit that shares its name with a flightless bird—this fruit is green on the inside, with a brown and fuzzy outside
6. The number of seconds it takes to harvest a cherry tree using special machinery



DID YOU KNOW?

FOLLOW THE CHERRY TREE ROAD

Cherries were part of the Roman soldiers' rations, and as they traveled, the pits they discarded became the trees that bloomed throughout the empire. There was a saying that to find the old Roman roads, all one had to do was follow the wild cherry trees



ACE'S JOKE OF THE MONTH

WHY ARE CHOCOLATE-COVERED CHERRIES THE PERFECT DINNER PARTY HOSTS?

SEE ANSWER BELOW

